










May – 2019 – Nice & Paris- Calendar for Parc Provence

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Please sign-up: Beautician- M-F Manicurist- Each Thursday and Friday</p> <p>Massage Therapy Mon-Wed-Fri</p> <p>All Outings RSVP (314) 453-7372 ehoing@ parcprovence.com</p> <p><i>Calendars Subject</i> <i>to Change</i></p>	<p>Activity Codes Building Wide Event Household Activities Nice & Paris Combined Activities</p> <p>Activities of Daily Living & Spontaneous Activities occur throughout the day</p> <p>All activities are based on activity interests</p> <p>Music & Art individuals sessions</p>	<p>Room Locations AR - Promenade Activity Room S - Sun Room G - Garden/ Outside FR - Family Room B - Bistro K - Kitchen D - Dining Room C - Chapel H - Horticulture Room L - Library P - Promenade BR - Billiards Room RG - Rose Garden LV - Lake View Household WC - Windchime Household PV - Park View Household SD - Sundial Household LB - Lakeview Bistro</p>	<p>1 May Day 9:45 Current Events- AR 10:15 Advanced Exercise-P 10:15 Chair Exercise-AR 10:45 Chapel Service with Pastor Beins-C 10:45 Cheerioats Day!-AR 11:10 Let's Go A-Maying- AR 1:45 Music Session –P 2:15 May Day Baskets-AR 2:50 May Day Puzzles-AR 3:15 Happy Hour-B 6:00 Resident Choice - SD/PV-HH 6:00 Music Session – WC 7:00 Evening Movie –FR</p> <div style="text-align: center;">  </div>	<p>2 9:45 Current Events- AR 10:15 Advanced Exercise-P 10:15 Chair Exercise-AR 10:45 Marble Hunting 10:45 Connect 4-AR 11:10 Golden Girls Club-AR 11:10 Good Ole' Boys Club- L 1:45 Music Session–P 2:15 Sensational Senses:- Blown Glass-AR 2:30 How It's Made-AR 3:00 Finish That Phrase-AR 3:15 Happy Hour-B 6:00 Friendship Social—SD 6:00 Walk, Stretch, & Chat- PV 6:00 Fireside Chat- WC 7:00 Evening Movie –FR</p>	<p>3 9:45 Current Events- AR 10:15 Advanced Exercise-P 10:15 Chair Exercise-AR 10:45 Let's Celebrate Cinco de Mayo-AR 11:10 Cinco de Mayo Trivia- AR 11:10 Exercise with Charlie- B 1:45 Music Session- P 2:15 Fiesta Categories-AR 2:45 Watercolor Painting: Maracas-AR 3:15 Jewish Service with Cantor Howard –C 3:15 Let's Have a Fiesta!-B 6:00 Walk, Stretch & Chat-SD 6:00 Resident Choice--PV 6:00 Fireside Chat-WC 7:00 Evening Movie –FR</p>	<p>4 Kentucky Derby 9:45 Current Events- AR 10:15 Exercise-AR 10:45 Animal Society-Horses – AR 11:10 Piggy Bankers – AR 12:30 Grand Ole Opry Club - PV 1:45 Music Session –P 2:15 Let's Talk Derby-AR 2:45 Horseracing-AR 3:15 Kentucky Derby Social- B 6:00 Friendship Social – SD 6:00 Coffee Talk: Reminisce Magazine– PV 6:00 Fireside Chat-WC 7:00 Evening Movie –FR</p> <div style="text-align: center;">  </div>
<p>5 Cinco de Mayo 9:30 Catholic Service-Live Stream – C 9:30 Current Events - HH 10:00 Exercise - HH 10:30 Finish that Phrase-HH</p> <p style="text-align: center;">2-4pm 15th Annual Anniversary Party</p> <p>6:00 Trivia - SD 6:00 Walk, Stretch & Chat -PV 6:00 Fireside Chat -WC 7:00 Evening Movie –FR</p> <div style="text-align: center;">  </div>	<p>6 9:45 Current Events- AR 10:15 Advanced Exercise-P 10:15 Chair Exercise-AR 10:45 Rosary-C 10:45 Missouri Botanical Garden Presents "The History of Tea" – AR 11:10 Creative Committee- AR 1:45 Music Session –P 2:15 Category Crunch-AR 2:45 Scattagories – AR 3:15 Happy Hour-B 6:00 Coffee Talk: Reminisce Magazine -SD 6:00 Trivia - PV 6:00 Fireside Chat -WC 7:00 Evening Movie –FR</p>	<p>7 9:45 Current Events- AR 10:15 Advanced Exercise-P 10:15 Chair Exercise-AR 10:45 Walking Club 10:45 Social Dancing-B 11:10 Chair Yoga – B 11:10 Trivia -AR 1:45 Music Session –P 2:00 Catholic Service-C 2:15 What Am I?-AR 2:45 Road Trip Detective-AR 3:15 Happy Hour-B 6:00 Friendship Social-SD 6:00 Resident Choice-PV 6:00 Fireside Chat-WC 7:00 Evening Movie –FR</p> <div style="text-align: center;"> <p>Road Trip Tips</p>  </div>	<p>8 9:30 Chimes with Troy - C 9:45 Current Events- B 10:15 Advanced Exercise-P 10:15 Chair Exercise-P 10:45 Missouri History Museum presents "The Mummy in Forest Park" - B 1:45 Music Session –P 2:15 Basketball Contest-P 2:40 My Favorite Things Collage-B 3:15 Happy Hour-B 6:00 Resident Choice - SD/PV-HH 6:00 Music Session – WC 7:00 Evening Movie –FR</p>	<p>9 9:45 Current Events- AR 10:00 Intergenerational Creative Expressions-HR 10:15 Advanced Exercise-P 10:15 Chair Exercise-AR 10:45 Walking Club 10:45 Making Bookmarks- AR 11:10 Golden Girls Club-AR 11:10 Good Ole' Boys Club- L 12:00 In House Picnic Lunch Outing (RSVP) 1:45 Music Session –P 2:15 Resident Council –P 2:30 Trivia-P 2:45 Target Toss –P 3:15 Happy Hour-B 6:00 Friendship Social—SD 6:00 Walk, Stretch, & Chat- PV 6:00 Fireside Chat- WC 7:00 Evening Movie –FR</p> <p style="text-align: center;"><i>11-4pm Designer Direct</i> <i>Jewelry Sales</i></p>	<p>10 9:45 Current Events- AR 10:15 Advanced Exercise-P 10:15 Chair Exercise-AR 10:45 Keep It Local-AR 11:10 Story Telling Dice –AR 11:10 Exercise with Charlie- B 1:45 Music Session- P 2:15 Mother Ocean Day-AR 2:45 Corn Hole-AR 3:15 Jewish Service with Cantor Howard –C 3:15 Happy Hour-B 6:00 Walk, Stretch & Chat-SD 6:00 Resident Choice--PV 6:00 Fireside Chat-WC 7:00 Evening Movie –FR</p> <div style="text-align: center;">  </div>	<p>11 9:45 Current Events- AR 10:15 Exercise-AR 10:45 Eldergames-AR 11:10 M & M Game –AR 12:30 Piano Club - WC 1:45 Music Session –P 2:15 Lipton Tea Tasting-AR 2:45 RV'ing Our Way to Winnipeg-AR 3:15 Happy Hour-B 6:00 Friendship Social – SD 6:00 Coffee Talk: Reminisce Magazine– PV 6:00 Fireside Chat-WC 7:00 Evening Movie –FR</p>

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<p>12 Mother's Day 9:30 Catholic Service-Live Stream – C 9:45 Current Events - AR 10:15 Exercise - AR 10:45 Mother's Day Poems-AR 11:00 Men's Choir - L 11:10 Motherly Humor-AR 1:45 Music Session - AR 1:45 Chapel Service with Pastor Jeanne -C 2:15 Mommy Dearest Detective-AR 2:45 Making Postcards – AR 3:15 Mother's Day Social-B 6:00 Trivia - SD 6:00 Walk, Stretch & Chat - PV 6:00 Fireside Chat -WC 7:00 Evening Movie –FR</p> 	<p>13 9:45 Current Events- AR 10:00 Pere Marquette Lunch Outing (RSVP) 10:15 Advanced Exercise-P 10:15 Chair Exercise-AR 10:45 Rosary-C 10:45 Monday Morning Mimosas-FC 11:10 Keep it Local- FC 1:45 Music Session - AR 2:15 Ballet with Vitality Ballet – AR 2:45 Invention or Imagination?-AR 3:15 Happy Hour-B 6:00 Coffee Talk: Reminisc Magazine -SD 6:00 Trivia - PV 6:00 Fireside Chat -WC 7:00 Evening Movie –FR</p>	<p>14 9:45 Current Events- AR 10:15 Advanced Exercise-P 10:15 Chair Exercise-AR 10:30 Catholic Communion Service-C 10:45 Music with Mel-B 11:10 Chair Yoga – B 11:10 Road Sign Chuckles –AR 1:45 Music Around the World –AR 2:15 Remembering Family Road Trips-AR 2:45 Car-a-oke Road Trip-AR 3:15 Happy Hour-B 6:00 Friendship Social-SD 6:00 Resident Choice-PV 6:00 Fireside Chat-WC 7:00 Evening Movie –FR</p>	<p>15 9:45 Current Events- AR 10:15 Advanced Exercise-P 10:15 Chair Exercise-AR 10:45 Billiard's Club-BR 10:45 Chocolate Chip Day – AR 11:10 Sensational Senses: Chocolate Chip Cookies – AR 1:45 Music Session – AR 2:15 Name 10-AR 2:40 Cherry Blossom Trees AR 3:15 Happy Hour-B 6:00 Resident Choice - SD/PV-HH 6:00 Music Session – WC 7:00 Evening Movie –FR</p> 	<p>16 9:45 Current Events- AR 10:15 Advanced Exercise-P 10:15 Chair Exercise-AR 10:45 Walking Club 10:45 Raindrop Game-AR 11:10 Golden Girls Tea Party-B-AR 11:10 Good Ole' Boys Club-AR 1:45 Music Session – P 2:15 Corn Hole-AR 2:45 What's in a Name?-AR 3:15 Happy Hour-B 6:00 Friendship Social—SD 6:00 Walk, Stretch, & Chat-PV 6:00 Fireside Chat- WC 7:00 Evening Movie –FR</p>	<p>17 9:45 Current Events- AR 10:00 Intergenerational Music Therapy Group - AR 10:45 Sensational Senses- Pizza Memories – AR 11:10 Exercise with Charlie-AR 11:30 In House Cutting Plein Aire Painting and Lunch Outing (RSVP) 1:45 Traveling Tunes-AR 2:15 Making Your Own Pizza-AR 2:45 Crazy Pizza's-AR 3:15 Jewish Service –C 3:15 Happy Hour-AR 6:00 Walk, Stretch & Chat-SD 6:00 Resident Choice--PV 6:00 Fireside Chat-WC 7:00 Evening Movie –FR</p>	<p>18 Armed Forces Day 9:45 Current Events- AR 10:15 Exercise-AR 10:45 Match Up the Famous Duos-AR 11:10 Celebrating Armed Forces Day-AR 1:45 Military Songs-AR 2:15 Bulls Eye – AR 2:45 Making Monster Balls-AR 3:15 Happy Hour-B 6:00 Friendship Social – SD 6:00 Coffee Talk: Reminisc Magazine– PV 6:00 Fireside Chat-WC 7:00 Evening Movie –FR</p> 
<p>19 9:30 Catholic Service-Live Stream – C 9:45 Current Events - AR 10:15 Exercise - AR 10:45 Master Treehouses - AR 11:00 Men's Choir - L 11:10 Learning About Trees-AR 1:45 Music Session - AR 1:45 Chapel Service with Pastor Jeanne -C 2:15 Sensational Senses: Hostess Cupcakes-AR 2:45 Hangman –AR 3:15 Happy Hour-B 6:00 Trivia - SD 6:00 Walk, Stretch & Chat - PV 6:00 Fireside Chat -WC 7:00 Evening Movie –FR</p>	<p>20 9:45 Current Events- AR 10:15 Dancing through the Decades - AR 10:45 Rosary-C 10:45 Monday Morning Mimosas-FC 11:10 Creative Committee Meeting– FC 1:30 Cinema Hour - HH 2:45 Apples to Apples- AR 3:00 Banjo Club - L 3:15 Happy Hour-B 6:00 Coffee Talk: Reminisc Magazine -SD 6:00 Trivia - PV 6:00 Fireside Chat -WC 7:00 Evening Movie –FR</p>	<p>21 9:45 Current Events- AR 10:15 Advanced Exercise-AR 10:15 Chair Exercise-AR 10:45 Walking Club 10:45 Social Dancing-AR 11:10 Chair Yoga – B 11:10 Trivia – AR 1:45 Music Session –P 2:15 Apron Presentation - B 3:15 Happy Hour-B 6:00 Friendship Social-SD 6:00 Resident Choice-PV 6:00 Fireside Chat-WC 7:00 Evening Movie –FR</p> 	<p>22 9:30 Chimes with Troy - AR 9:45 Current Events- B 10:15 Advanced Exercise-P 10:15 Chair Exercise-AR 10:45 Garden Club 10:45 Travel to Jamaica- AR 11:10 Piggy Banker -AR 1:45 Music Session – P 2:15 The Long, Long Trailer-AR 2:45 Weather Painting-AR 3:15 Happy Hour-B 6:00 Resident Choice - SD/PV-HH 6:00 Music Session – WC 7:00 Evening Movie –FR</p>	<p>23 9:45 Current Events- AR 10:15 Advanced Exercise-P 10:15 Chair Exercise-AR 10:45 Walking Club 10:45 Let's talk Turtles-AR 11:10 Golden Girls Club-B 11:10 Good Ole' Boys Club-AR 12:00 In House Mexican Lunch Outing (RSVP) 1:45 Music Session – P 2:15 Cinema Hour - HH 3:15 Happy Hour-B 4:00 Resident Choir - GH 6:00 Friendship Social—SD 6:00 Walk, Stretch, & Chat-PV 6:00 Fireside Chat- WC 7:00 Evening Movie –FR</p>	<p>24 9:45 Current Events- AR 10:15 Advanced Exercise-P 10:15 Chair Exercise-AR 10:45 Conversation Cards – AR 11:10 Exercise with Charlie-B 11:10 Trivia-AR 1:45 50's and 60's Hit Parade- P 2:15 Drive-Ins & Carhops-AR 2:15 Garden Art Club - HR 2:45 How It's Made: Root Beer -AR 3:15 Jewish Service –C 3:15 Root Beer Float Social –B 6:00 Walk, Stretch & Chat-SD 6:00 Resident Choice--PV 6:00 Fireside Chat-WC 7:00 Evening Movie –FR</p>	<p>25 9:45 Current Events- AR 10:15 Exercise-AR 10:45 Match Up the Lyrics – AR 11:10 Apples to Apples - AR 12:30 Rock n Roll Club - WC 1:45 Name that Tune – AR 2:15 Brainteasers –AR 2:45 Sunny Sunflowers- AR 3:15 Happy Hour-B 6:00 Friendship Social – SD 6:00 Coffee Talk: Reminisc Magazine– PV 6:00 Fireside Chat-WC 7:00 Evening Movie –FR</p>


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26 9:30 Catholic Service-Live Stream – C 9:45 Current Events – AR 10:15 Exercise - AR 10:45 All Faiths Memories-AR 11:00 Men's Choir - L 11:10 Occupation Memories-AR 1:45 Music Session -AR 1:45 Chapel Service with Pastor Jeanne -C 2:15 Penny Atte - AR 2:45 Terrific Tulips-AR 3:15 Happy Hour-B 6:00 Trivia - SD 6:00 Walk, Stretch & Chat - PV 6:00 Fireside Chat -WC 7:00 Evening Movie –FR	27 Memorial Day 9:45 Current Events- AR 10:15 Chair Line Dancing-AR 10:45 Rosary-C 10:45 Memorial Day Mocktails on the Patio-FC 11:10 Outdoor Games -FC 1:45 Music Session –P 2:15 BBQ Memories-AR 2:45 Watercoloring: Patriotic Scene-AR 3:15 Happy Hour-B 6:00 Coffee Talk: Reminiscence Magazine -SD 6:00 Trivia - PV 6:00 Fireside Chat -WC 7:00 Evening Movie –FR 	28 9:45 Current Events- AR 10:15 Advanced Exercise-P 10:15 Chair Exercise-AR 10:45 Walking Club 10:45 Music with Mel-B 11:10 Chair Yoga – B 11:10 Card Games--AR 1:45 Music Session– P 2:15 Eat A Hamburger Day-AR 2:45 Travel Memories-AR 3:15 Happy Hour-B 6:00 Friendship Social-SD 6:00 Resident Choice-PV 6:00 Fireside Chat-WC 7:00 Evening Movie –FR	29 9:45 Current Events- AR 10:15 Advanced Exercise-P 10:15 Chair Exercise-AR 10:45 Billiard's Club-BR 10:35 Let's Talk Biscuits-AR 11:00 Music Jam-B 1:45 Music Session –P 2:15 Travel to Hawaii -AR 2:40 Butterfly Painting - AR 3:15 Happy Hour-B 6:00 Resident Choice -SD/PV-HH 6:00 Music Session – WC 7:00 Evening Movie –FR 	30 9:45 Current Events- AR 10:00 Veteran's Art Group - L 10:15 Advanced Exercise-P 10:15 Chair Exercise-AR 10:45 Walking Club 10:45 Storylines-AR 11:10 Golden Girls Club-AR 11:10 Good Ole' Boys Club-L 1:45 Music Session–P 2:15 Sensational Senses-Cheesecake-AR 2:45 Connect 4-AR 3:15 Happy Hour-B 6:00 Friendship Social—SD 6:00 Walk, Stretch, & Chat-PV 6:00 Fireside Chat- WC 7:00 Evening Movie –FR	31 9:45 Current Events- AR 10:15 Advanced Exercise-P 10:15 Chair Exercise-AR 10:40 Mimi's Café Lunch Outing (RSVP) 10:45 Gnomes in Your Garden-AR 11:10 Volleyball- AR 11:10 Exercise with Charlie- B 1:45 All about Instruments- P 2:15 Bowling League-P 2:45 BINGO-B 3:15 Jewish Service –C 3:15 Happy Hour-B 6:00 Walk, Stretch & Chat-SD 6:00 Resident Choice--PV 6:00 Fireside Chat-WC 7:00 Evening Movie –FR	