












# March – 2019 –Nice & Paris- Calendar for Parc Provence

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><b>Room Locations</b>            AR - Promenade Activity Room            S - Sun Room            G - Garden/ Outside            FR - Family Room            B - Bistro            K- Kitchen            D - Dining Room            C - Chapel            H - Horticulture Room            L - Library            P - Promenade            BR - Billiards Room            RG - Rose Garden            LV - Lake View Household            WC - Windchime Household            PV - Park View Household            SD - Sundial Household            LB - Lakeview Bistro</p>	 <p><b>Activity Codes</b>  <b>Building Wide Event</b>  <b>Household Activities</b>  <b>Nice &amp; Paris Combined Activities</b></p> <p><b>Activities of Daily Living &amp; Spontaneous Activities occur throughout the day</b></p> <p><b>All activities are based on activity interests</b></p> <p><b>Music &amp; Art individuals sessions</b></p>	<p><b>Please sign-up:</b>  <b>Beautician- M-F</b>  <b>Manicurist- Each Thursday and Friday</b></p> <p><b>Massage Therapy Mon-Wed-Fri</b></p> <p><b>All Outings RSVP (314) 453-7372</b>  <b>ehoing@parcprovence.com</b></p> <p><i>Calendars Subject to Change</i></p>		<p>1.            9:45 Current Events- AR            10:15 Strength and Stretch-P            10:15 Muscles in Motion-AR            10:45 Conversation Cards – AR            11:10 Exercise with Charlie- B            11:10 More Jeopardy-AR            1:45 Music Session- P            2:15 Yahtzee-P            2:45 Basketball Madness-B            3:15 Jewish Service with Cantor Howard –C            3:15 Happy Hour –B            6:00 Walk, Stretch &amp; Chat-SD            6:00 Resident Choice--PV            6:00 Fireside Chat-WC            7:00 Evening Movie –FR</p>	<p>2.            9:45 Current Events- AR            10:15 Muscles in Motion -AR            10:45 Match Up the Lyrics – AR            11:10 Apples to Apples - AR            1:45 Jazz Club – B            2:15 Luck of the Irish –AR            2:45 Dr. Seuss AR            3:15 Happy Hour-B            6:00 Friendship Social – SD            6:00 Coffee Talk: Reminisce Magazine– PV            6:00 Fireside Chat-WC            7:00 Evening Movie –FR</p> 	
<p>3.            9:30 Catholic Service-Live Stream – C            9:45 Current Events – AR            10:15 Muscles in Motion - AR            10:45 What's My Job? - AR            11:00 Men's Choir - L            11:10 Jeopardy - AR            1:45 Music Session -AR            1:45 Chapel Service with Pastor Jeanne -C            2:15 Name that Sound - AR            2:45 National Anthem-AR            3:15 Happy Hour-B            6:00 Trivia - SD            6:00 Walk, Stretch &amp; Chat - PV            6:00 Fireside Chat -WC            7:00 Evening Movie –FR</p> 	<p>4.            9:45 Current Events- AR            10:15 Strength and Stretch - P            10:15 Muscles in Motion - AR            10:45 Rosary-C            10:45 Missouri Botanical Gardens Presents: Chinese Lantern Festival-AR            11:10 Creative Committee Meeting -AR            1:45 Music Session –P            2:15 Penny Atte– AR            2:45 Yahtzee– AR            3:15 Happy Hour-B            6:00 Coffee Talk: Reminisce Magazine -SD            6:00 Trivia - PV            6:00 Fireside Chat -WC            7:00 Evening Movie –FR</p>	<p>5. Mardi Gras            9:30 Intergenerational Creative Expressions-B            9:45 Current Events- AR            10:15 Strength and Stretch -P            10:15 Muscles in Motion -AR            10:45 Walking Club            10:45 Fun Facts about the Fifty States-AR            11:10 Chair Yoga – B            11:10 Caption This-AR            1:45 Music Session– AR            2:00 Catholic Service-C            2:15 Mask Painting-AR            3:15 Happy Hour-B            6:00 Friendship Social-SD            6:00 Resident Choice-PV            6:00 Fireside Chat-WC            7:00 Evening Movie –FR</p> 	<p>6. Ash Wednesday            9:45 Current Events- AR            10:15 Strength and Stretch -P            10:15 Muscles in Motion - AR            10:45 Ash Wednesday Service with Pastor Beins-C            10:45 Finish The Lyrics-AR            11:10 BBQ Memories- AR            1:45 Music Session –P            2:15 Babies and Children - AR            2:45 FLOWER - AR            3:15 Happy Hour-B            4:00 Rock N Roll Club - WC            6:00 Resident Choice - SD/PV-HH            6:00 Music Session – WC            7:00 Evening Movie –FR</p> 	<p>7.            9:45 Current Events- AR            10:00 Parc in Bloom! Staff and Resident Art Group-B            10:45 Walking Club            10:45 Storylines-AR            11:10 Golden Girls Club-AR            11:10 Good Ole' Boys Club- L            12:00 In House Picnic Lunch Outing (RSVP)-B            1:45 Music Session–P            2:15 Easy Milk Paint Craft- AR            2:45 Connect 4-AR            3:15 Happy Hour-B            6:00 Friendship Social—SD            6:00 Walk, Stretch, &amp; Chat- PV            6:00 Fireside Chat- WC            7:00 Evening Movie –FR</p> 	<p>8. Bookmobile Visit            9:45 Current Events- AR            10:15 Strength and Stretch -P            10:15 Muscles in Motion -AR            10:45 The Luck of the Leprechaun-AR            11:10 Volleyball- AR            11:10 Exercise with Charlie- B            1:45 Music Session- P            2:15 Bowling-P            2:45 The 1920's-B            3:15 Jewish Service with Howard –C            3:15 Happy Hour-B            6:00 Walk, Stretch &amp; Chat-SD            6:00 Resident Choice--PV            6:00 Fireside Chat-WC            7:00 Evening Movie –FR</p> 	<p>9.            9:45 Current Events- AR            10:15 Muscles in Motion - AR            10:45 Bald Eagles – AR            11:10 Piggy Bankers – AR            1:45 Broadway Club - B            2:15 Basketball Trivia-AR            2:45 Corn Hole- AR            3:15 Happy Hour-B            6:00 Friendship Social – SD            6:00 Coffee Talk: Reminisce Magazine– PV            6:00 Fireside Chat-WC            7:00 Evening Movie –FR</p>



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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
10. Daylight Savings Time Begins 9:30 Catholic Service-Live Stream – C 9:45 Current Events - AR 10:15 Muscles in Motion - AR 10:45 Leonardo Da Vinci - AR 11:00 Men's Choir - L 11:10 Story Telling Dice-B 1:45 Music Session - AR 1:45 Chapel Service with Pastor Jeanne -C 2:15 In Search of Heidi - AR 2:45 Hangman –AR 3:15 Happy Hour-B 6:00 Trivia - SD 6:00 Walk, Stretch & Chat - PV 6:00 Fireside Chat -WC 7:00 Evening Movie –FR	11. 9:30 Guided Bus Tour to Forest Park Outing (RSVP) 9:45 Current Events- AR 10:15 Strength and Stretch - P 10:15 Muscles in Motion - AR 10:45 Rosary-C 10:45 Keep It Local – AR 11:00 Card Making – AR 1:45 Music Session –P 2:15 Ballet with Vitality Ballet-P 2:45 Scattagories – P 3:15 Happy Hour-B 6:00 Coffee Talk: Reminisce Magazine -SD 6:00 Trivia - PV 6:00 Fireside Chat -WC 7:00 Evening Movie –FR	12. 9:45 Current Events- AR 10:00 Creative Expressions- HR 10:15 Strength and Stretch - P 10:15 Muscles in Motion - AR 10:30 Catholic Communion Service-C 10:45 Girl Scout-AR 11:10 Chair Yoga – B 11:10 Everything Swiss Trivia -AR 1:45 Music Session –P 2:15 MARCH Bingo-B 3:15 Happy Hour-B 4:00 Piano Club - WC 6:00 Friendship Social-SD 6:00 Resident Choice-PV 6:00 Fireside Chat-WC 7:00 Evening Movie –FR	13. 9:30 Chimes with Troy-AR 9:45 Current Events- B 10:15 Strength and Stretch -P 10:15 Muscles in Motion -AR 10:45 Billiards Club - L 10:45 Calla Lilies-AR 11:10 Choices in a Jar-AR 1:45 Music Session –P 2:15 Basketball Contest-AR 2:40 Vase Painting-AR 3:15 Happy Hour-B 6:00 Resident Choice - SD/PV-HH 6:00 Music Session – WC 7:00 Evening Movie –FR	14. 9:45 Current Events- AR 10:15 Strength and Stretch -P 10:15 Muscles in Motion -AR 10:45 Walking Club 10:45 Name that Lyric-AR 11:10 Golden Girls Club-AR 11:10 Good Ole' Boys Club-L 12:00 In House Gulf Shores Lunch Outing (RSVP)-B 1:45 Music and Art Group –B 2:15 Resident Council-P 2:45 Target Toss – AR 3:15 Happy Hour-B 6:00 Friendship Social—SD 6:00 Walk, Stretch, & Chat-PV 6:00 Fireside Chat- WC 7:00 Evening Movie –FR  	15. 9:45 Current Events- AR 10:15 Strength and Stretch - P 10:15 Muscles in Motion - AR 10:45 Story Telling Dice-AR 11:10 State Historical Society –AR 11:10 Exercise with Charlie-B 1:45 All About Instruments - B 2:15 Connect 4-P 2:45 All about March-B 3:15 Jewish Service with Cantor Howard –C 3:15 Happy Hour-B 6:00 Walk, Stretch & Chat-SD 6:00 Resident Choice--PV 6:00 Fireside Chat-WC 7:00 Evening Movie –FR	16. 9:45 Current Events- AR 10:15 Muscles in Motion -AR 10:45 Eldergames-AR 11:10 M & M Game –AR 1:45 Music Session –P 2:15 Bocceball – P 2:45 Star of the Month: Ann Margaret-P 3:15 Happy Hour-B 6:00 Friendship Social – SD 6:00 Coffee Talk: Reminisce Magazine– PV 6:00 Fireside Chat-WC 7:00 Evening Movie –FR

17. St. Patrick's Day  
 9:30 Catholic Service-Live Stream – C  
 9:45 Current Events - AR  
 10:15 Muscles in Motion - AR  
 10:45 Reminisce Magazine - AR  
 11:00 Men's Choir - L  
 11:10 Golf Toss - AR  
 1:45 Music Session - AR  
 1:45 Chapel Service with Pastor Jeanne -C  
 2:15 St. Patty's Day Reminisce - AR  
 2:45 St. Patty's Day – AR  
 3:15 Happy Hour-B  
 6:00 Trivia - SD  
 6:00 Walk, Stretch & Chat - PV  
 6:00 Fireside Chat -WC  
 7:00 Evening Movie –FR

18.  
 9:45 Current Events- AR  
 10:15 Through the Decades-AR  
 10:45 Rosary-C  
 10:45 Bifokal Kit: Automobiles AR  
 11:10 Category Crunch: Wind - AR  
 1:45 Music Session –AR  
 2:15 Horse Racing - AR  
 2:45 Sensational Senses: Horseshoe-AR  
 3:15 Happy Hour-B  
 6:00 Coffee Talk: Reminisce Magazine -SD  
 6:00 Trivia - PV  
 6:00 Fireside Chat -WC  
 7:00 Evening Movie –FR

19.  
 9:45 Current Events- AR  
 10:00 Creative Expressions- HR  
 10:15 Strength and Stretch - P  
 10:15 Muscles in Motion - AR  
 10:45 Walking Club  
 10:45 Conversation Cards- AR  
 11:10 Chair Yoga – B  
 11:10 Humor Club –AR  
 1:45 Music Session – P  
 2:15 Cream Cheese Oreo Bars-AR  
 3:15 Happy Hour-B  
 6:00 Friendship Social-SD  
 6:00 Resident Choice-PV  
 6:00 Fireside Chat-WC  
 7:00 Evening Movie –FR



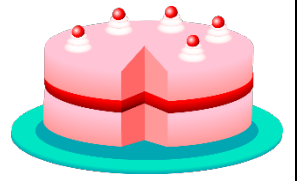
20. Purim Begins at Sundown  
 9:45 Current Events- AR  
 10:15 Strength and Stretch -P  
 10:15 Muscles in Motion -AR  
 10:45 Entertainment by Joe Garnier -B  
 1:45 Music Session – AR  
 2:15 Name 10-AR  
 2:45 Mountain Painting- AR  
 3:15 Happy Hour-B  
 6:00 Resident Choice - SD/PV- HH  
 6:00 Music Session – WC  
 7:00 Evening Movie –FR

21.  
 9:30 Current Events-AR  
 10:00 Creative Expressions-HR  
 10:15 Holy Infant Irish Dancers-B  
 10:45 Walking Club  
 10:45 Caving-AR  
 11:10 Golden Girls Club-AR  
 11:10 Good Ole' Boys Club-L  
 1:45 Music Session – P  
 2:15 Corn Hole-P  
 2:45 Travel to Hawaii-B  
 3:15 Happy Hour-B  
 6:00 Friendship Social—SD  
 6:00 Walk, Stretch, & Chat-PV  
 6:00 Fireside Chat- WC  
 7:00 Evening Movie –FR



22. Bookmobile Visit  
 9:45 Current Events- AR  
 10:15 Strength and Stretch - P  
 10:15 Muscles in Motion - AR  
 10:40 Helen Fitzgerald's Lunch Outing (RSVP)  
 10:45 Sensational Senses: Oranges – AR  
 11:10 Dice Game - AR  
 11:10 Exercise with Charlie-B  
 1:45 50's & 60's Hit Parade - P  
 2:15 Bowling-P  
 2:45 Places We All Know-B  
 3:15 Jewish Service –C  
 3:15 Happy Hour –B  
 6:00 Walk, Stretch & Chat-SD  
 6:00 Resident Choice–PV  
 6:00 Fireside Chat-WC  
 7:00 Evening Movie –FR

23.  
 9:45 Current Events- AR  
 10:15 Muscles in Motion -AR  
 10:45 Match Up the Famous Duos-AR  
 11:10 Music Experience - AR  
 1:45 Music Session – P  
 2:15 Bulls Eye – AR  
 2:45 Special Topic with Tasting: Cake AR  
 3:15 Happy Hour-B  
 6:00 Friendship Social – SD  
 6:00 Coffee Talk: Reminisce Magazine– PV  
 6:00 Fireside Chat-WC  
 7:00 Evening Movie –FR



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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
24. 9:30 Catholic Service-Live Stream – C 9:45 Current Events - AR 10:15 Muscles in Motion - AR 10:45 Swiss Alpine Rockery and Edelweiss -AR 11:00 Men's Choir - L 11:10 Reminisce Ball Toss-AR 1:45 Music Session - AR 1:45 Chapel Service with Pastor Jeanne -C 2:15 Travel Memories: Castles -AR 2:45 Hangman –AR 3:15 Happy Hour-B 6:00 Trivia - SD 6:00 Walk, Stretch & Chat - PV 6:00 Fireside Chat -WC 7:00 Evening Movie –FR	25. 9:45 Current Events- AR 10:15 Chair Line Dancing-AR 10:15 Strength and Stretch - P 10:45 Rosary-C 10:45 Who Am I? -AR 11:10 Sensational Senses: Food Facts – AR 1:15 Cinema Hour-HH 2:15 Garden Art Club -H 2:45 Apples to Apples- AR 3:00 Banjo Club - L 3:15 Happy Hour-B 6:00 Coffee Talk: Reminisce Magazine -SD 6:00 Trivia - PV 6:00 Fireside Chat -WC 7:00 Evening Movie –FR	26. 9:45 Current Events- AR 10:00 Creative Expressions- HR 10:15 Strength and Stretch - P 10:15 Muscles in Motion -AR 10:45 Walking Club 10:45 Volunteer Memories- AR 11:10 Chair Yoga – B 11:10 Random Trivia – AR 12:30 Grand Ole Opry - PV 1:45 Music Session –P 2:15 Crown Bingo-B 3:15 Happy Hour-B 6:00 Friendship Social-SD 6:00 Resident Choice-PV 6:00 Fireside Chat-WC 7:00 Evening Movie –FR	27. 9:30 Chimes with Troy-AR 9:45 Current Events- B 10:15 Strength and Stretch -P 10:15 Muscles in Motion - AR 10:45 Billiards Club- L 10:45 Animal Kingdom- AR 11:10 Piggy Banker -AR 1:45 Music Session – P 2:15 What Am I? - AR 2:45 St. Patty's Pineapple Lemon-Lime Punch -AR 3:15 Happy Hour-B 6:00 Resident Choice - SD/PV-HH 6:00 Music Session – WC 7:00 Evening Movie –FR	28. 9:45 Current Events- AR 10:00 Veteran's Art Group - L 10:15 Strength and Stretch -P 10:15 Muscles in Motion - AR 10:45 Walking Club 10:45 Home Life-AR 11:10 Golden Girls Club-AR 11:10 Good Ole' Boys Club-L 1:45 Music Session – P 2:20 Cinema Hour-HH 3:30 Happy Hour-B 6:00 Friendship Social—SD 6:00 Walk, Stretch, & Chat- PV 6:00 Fireside Chat- WC 7:00 Evening Movie –FR	29. 9:45 Current Events- AR 10:15 Strength and Stretch -P 10:15 Muscles in Motion –AR 10:40 Ott's Tavern Lunch Outing (RSVP) 10:45 Conversation Cards – AR 11:10 Exercise with Charlie- B 11:10 No Blarney Trivia-AR 1:45 Music Session- P 2:15 Yahtzee-P 2:45 Jeopardy-B 3:15 Jewish Service –C 3:15 Happy Hour –B 6:00 Walk, Stretch & Chat-SD 6:00 Resident Choice--PV 6:00 Fireside Chat-WC 7:00 Evening Movie –FR	30. 9:45 Current Events- AR 10:15 Muscles in Motion -AR 10:45 Match Up the Lyrics – AR 11:10 Apples to Apples - AR 1:45 Name that Tune - B 2:15 Seasonal Flowers –AR 2:45 Name that TV Tune AR 3:15 Happy Hour-B 6:00 Friendship Social – SD 6:00 Coffee Talk: Reminisce Magazine– PV 6:00 Fireside Chat-WC 7:00 Evening Movie –FR





31.

9:30 Catholic Service-Live  
Stream – C

9:45 Current Events – AR

10:15 Muscles in Motion - AR

10:45 What's My Job?- AR

11:00 Men's Choir - L

11:10 PHONE - AR

1:45 Music Session -AR

1:45 Chapel Service with  
Pastor Jeanne -C

2:15 Name that Scent - AR

2:45 Eiffel Tower-AR

3:15 Happy Hour-B

6:00 Trivia - SD

6:00 Walk, Stretch & Chat -  
PV

6:00 Fireside Chat -WC

7:00 Evening Movie –FR